



DELHI INTERNATIONAL SCHOOL

MEAL MENU SEPTEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1.	2. Stuffed Kulcha/ Veg Poha/ orange drink	3. Fried Idli/ Lemon Rice/ Sambar	4. Matar Paneer/ Chapati/ Whole Moong Dal Salad with Vegetables and Peanut	5. 	6.  Millet and Lentil Cutlets/ Veg Sandwich/ Fruit Custard	7.
8.	9. Dhaba Dal/ Chapati/ Palak Bhajia	10. Rajma/ Rice/ Toss Salad	11. Ghiya Channa Dal/ Chapati/ Mini Aloo Bonda	12. Dal Makhani/ Jeera Pulao/ Papad	13. Soya Chaap Masala/ Chapati/ Sweet Vermicelli	14.
15.	16. 	17. Kadi Pakora/ Rice/ Kala Channa Chaat	18. Soya Keema Matar/ Chapati/ Boondi Raita	19.  Gatte ki Biryani/ Gravy/ Millet Kheer	20.  Vada/ Millet Idli/ Sambar	21.
22.	23. Khatta Meetha Petha/ Poori/ Moong dal Halwa	24. White Channa/ Rice/ Fryums	25. Veg Kofta Curry/ Chapati/ French fries	26. Veggie Pasta/ Cottage Cheese and Corn Sandwich/ Cookies	27. Chilly paneer/ Fried Rice/ Corn and Capsicum Salad	28.
29.	30 Dal fry/rice/ fruit custard					