



DELHI INTERNATIONAL SCHOOL

MEAL MENU OCTOBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1. Dhaba dal, onion rice, Palak bhajiya	2.  Happy Gandhi Jayanti	3. Rajma, rice, beetroot raita	4. Soya keema masala, chapati, fruit custard	5.
6.	7. Pindi channa, kulcha, veg poha	8. Veg. biryani, raita, papad	9. 	10. 	11.	12.
13.	14. Fried rice, chilly paneer, corn salad	15. White channa, rice, sweet vermicelli	16. Veg. sandwich, millet & lentil cutlet, sweet corn soup	17.  Happy वाल्मीकि जयन्ती	18. Aloo matar, chapati, ghiya raita	19.
20.	21. Kala channa, rice, Cottage cheese cucumber & carrot salad	22. Idli, sambar, vada	23. Kadi pakora, rice, aloo chaat with annar & peanut	24. Khata meetha petha, palak poori, moong dal halwa	25. Langar dal, jeera pulao, fryums	26.
27.	28. Palak paneer, chappati, fruit custard	29. Fried rice, Manchurian, Chinese salad	30. Tomato tamarind rice, sambar, kesari bhat	31.  Happy दussehra		