



Delhi International School

# MEAL MENU

## JULY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1.</b> Bread rolls, macroni, fruit custard	<b>2.</b> Aloo matar, chappati, ghiya raita	<b>3.</b> Idli , sambar, curd rice	<b>4.</b> Rajma, rice, boondi raita	<b>5.</b>
<b>6.</b>	<b>7.</b> Dhaba dal, jeera aloo, chappati	<b>8.</b> Pao bhaji, cucumber beetroot paneer salad	<b>9.</b> Ghiya kofta curry, chappati, millet kheer	<b>10.</b> Matar paneer, jeera rice, kala channa chaat	<b>11.</b> Khata meetha petha, poori, halwa	<b>12.</b>
<b>13.</b>	<b>14.</b> Dum aloo, chappati, aam panna	<b>15.</b> Kala channa, rice, fryums	<b>16.</b> Dal makhani, chappati, mango shrikhand	<b>17.</b> Veg biryani, raita (cucumber & tomato), white channa chaat	<b>18.</b> Sabut moong dal, chappati, fruit custard	<b>19.</b>
<b>20.</b>	<b>21.</b> Kadi pakora, rice, papad	<b>22.</b> Aloo paneer, plain paratha, masala daliya	<b>23.</b> Punjabi choley, chappati, masala chaach	<b>24.</b> Kala channa pulao, tadka raita, mini aloo bonda	<b>25.</b> Soya keema matar, chappati, sweet lassi	<b>26.</b>
<b>27.</b>	<b>28.</b> Channa dal ghiya, chappati, Aloo pomegranate chaat	<b>29.</b> Tomato tamrind rice, sambar, tadka idli	<b>30.</b> Aloo ki sabzi , poori, moong dal halwa	<b>31.</b> Fried rice, chilly paneer, kimchi (carrot & cucumber)		