


DELHI INTERNATIONAL SCHOOL
MEAL MENU JULY 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1. Pindi channa, Kulcha, mango lassi	2. Langar dal, jeera pulao, beetroot raita	3. Dum aloo, chappati, barnyard millet kheer	4. Ragi idli, sambar, curd rice	5. Veg biryani, raita (Veg), papad	6.	7.
8. Matar paneer, Chappati, fruit custard	9. Fried rice, chilli paneer, crispy corn	10. Pao bhaji, lobiya chaat	11. Dal makhni, onion pulao, tadka chaach	12. Soya granules with matar, chappati, indori poha	13.	14.
15. Idli, sambar, lemon rice	16. Veg noodles, millet cutlets, orange drink	17. 	18. Soya chaap masala, chappati, white channa chaat	19. Rajma, rice, raita	20.	21.
22. Ghiya kofta, chappati, onion millet pakora	23. Kadhi pakora, jeera pulao, tadka aloo	24. Sabout moong dal, chappati, kheer	25. Channa dal pulao, tadka dhai, ghiya kheer	26. Aloo sabzi, poori, halwa	27.	28.
29. Ghiya channa dal, jeera pulao, cucumber beetroot cottage cheese curd	30. Masala macaroni, millet cutlets, fruit custard	31. White channa, rice, boondi raita				