



# Dengue-Prevention

## Do's and Don'ts

**Public Health Department, Najafgarh Zone, SDMC**

# What cause Dengue ?

- VIRUS -- cause
- MOSQUITO --- transmitter of disease
- ENVIRONMENT ----- Helps transmission





# Know Your Enemy !!

## “Aedes” mosquitoes



## “TIGER Mosquitoes”

: Breeds Inside and around the House

# Feeding Habits

- **Day biter**
- **Mainly feeds on human beings in domestic and peridomestic situations**
- **Bites repeatedly**





# Prevention

## For protection against mosquitoes

- Prevent Mosquito breeding
- Prevent Mosquito bites



# Anti-larval measures- Environmental Control...1

- **Don't allow water** to remain stagnant in and around your house. Fill the ditches.
- **Clean the blocked drains.**
- **Empty the room air coolers and flower vases completely at least once in seven days and then refill them.**
- **Tray below the fridge also to be cleaned.**





# Anti-larval measures- Environmental Control...2

- **Dispose off old containers tins and tyres etc. Properly.**
- **Keep the water tanks and water containers tightly covered so that the mosquitoes can not enter them and start breeding.**





# Anti-larval measures- Environmental Control...3

- **Keep the surroundings of your house clean.**
- **Don't litter garbage.**
- **Don't allow wild herbs etc. to grow around your house.**

**Do inform and take help from your local health centre, panchayat or municipality in case you notice abnormal density of mosquitoes or too many cases of fever are occurring in your area.**





# Anti-larval measures-chemical control...

- **TEMEPHOS**  
an insecticide can  
be used to kill larva  
in water.  
**or**
- Put about two  
tablespoons (30 ml)  
of petrol or kerosene  
oil into 100 litres of  
water.



**Where it is difficult  
to change water**

# Protection Against Mosquito Bites..

- Wear clothes which cover the body as much as possible.
- Use Wire mesh on windows and doors.
- Use mosquito repellent sprays, creams, coils, mats or liquids to drive away/ kill the mosquitoes..





# Protection Against Mosquito Bites..



- It is advisable to always keep the patient of Dengue fever under a **mosquito net** in the first 5-6 days of the illness so that mosquitoes don't have an access to him/her.

# Dengue Fever can be Easily Prevented!



It is  
Your, Mine and ...  
***Our* RESPONSIBILITY**

Public Health Department, Najafgarh Zone, SDMC