

**“Creating Global heads with hearts”**  
**PLANNER OF THE MONTH- APRIL-MAY**  
**SESSION- 2019-20**  
**CLASS- NURSERY**

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**GENERAL AWARENESS ON CLEANLINESS**



**“Cleanliness is next to Godliness”**

The **importance** of **cleanliness** in our lives cannot be denied. Maintaining a clean environment is for the health of all humans, **as** their health completely depends on the atmosphere. We must maintain the **cleanliness** of our bodies, homes, buildings, surroundings and environment to have good health.

Cleanliness means keeping our body , mind and our surroundings clean.

We should inculcate the following things for good health :

- > Take bath everyday.
- >Always wash hands with a good handwash before and after eating .
- >Always wear clean and washed clothes.
- >We should clean our home and surroundings regularly.
- > Always cover the food items and water.
- >Dispose the garbage properly.
- > Don't litter in streets , society and public places like parks , hospitals etc.
- >Don't allow the water to stagnate, as it will be the place for mosquitoes breeding and will cause diseases like Dengue, malaria etc.
- >Maintain Personal hygiene.
- >Cleanliness ensures a healthy mind and body.

**Project of the month – Health and Hygiene**

**Hygiene** is a set of practices performed to preserve **health**.

If you want to minimize your risk of infection and increase your longevity, follow these tips to improve your personal hygiene:

- Wash your hands more often – Make sure we wash our hands after using the washroom, throwing garbage, coughing, sneezing, before and after having meal.
- Bathe regularly – Regular bathing helps remove all the germs, dirt and sweat from our body.
- **Brush your teeth twice a day-** Brush your teeth regularly is an important personal hygiene tip to prevent gum diseases .
- **Clean hair -** Massage oil for dry scalp, wash it with shampoo and comb regularly to keep it neat and tidy.
- **ACADEMICS OF THE MONTH**

SUBJECTS	APRIL-MAY ( <u>WRITTEN/ORAL</u> )
ENGLISH	<ul style="list-style-type: none"> <li>• Introduction of pattern writing,</li> <li>• Introduction of capital and small letter Aa .</li> </ul>
MATHS	<ul style="list-style-type: none"> <li>• Introduction of Number 1 to 5</li> <li>• Recognition and writing of number 1 to 5.</li> </ul>
PRE-MATHS	<ul style="list-style-type: none"> <li>• Pre number concept – Left –Right</li> </ul>
EVS	<ul style="list-style-type: none"> <li>• Introduction of All about me.</li> <li>• My favourite things</li> </ul>
HINDI	<ul style="list-style-type: none"> <li>• Introduction of swar अ से अ (Oral)</li> </ul>
Shapes and Colours	<ul style="list-style-type: none"> <li>• Triangle</li> <li>• Red</li> </ul>
STORY	<ul style="list-style-type: none"> <li>• The cap seller and the monkeys</li> <li>• The dog and its reflection</li> </ul>
RHYMES	<ul style="list-style-type: none"> <li>• My red balloon</li> <li>• Brush your teeth</li> <li>• Put your right hand</li> </ul>

### **ACTIVITIES OF THE MONTH**

BAISAKHI CELEBRATION	12 APRIL 2019
COLOUR DAY CELEBRATION	15 APRIL 2019
FANCY DRESS COMPETITION	26 APRIL 2019
BIRTHDAY CELEBRATION	30 APRIL 2019