

**"Creating Global heads with hearts"**  
**PLANNER OF THE MONTH- APRIL-MAY**  
**SESSION- 2019-20**  
**CLASS- KINDERGARTEN**

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**GENERAL AWARENESS ON CLEANLINESS**



**"Cleanliness is next to Godliness"**

The **importance** of **cleanliness** in our lives cannot be denied. Maintaining a clean environment is for the health of all humans, **as** their health completely depends on the atmosphere. We must maintain the **cleanliness** of our bodies, homes, buildings, surroundings and environment to have good health.

Cleanliness means keeping our body , mind and our surroundings clean.

We should inculcate the following things for good health :

---> Take bath every day.

---> Always wash hands with a good hand wash before and after eating .

---> Always wear clean and washed clothes.

---> We should clean our home and surroundings regularly.

--> Always cover the food items and water.

---> Dispose the garbage properly.

--> Don't litter in streets , society and public places like parks , hospitals etc.

---> Don't allow the water to stagnate, as it will be the place for mosquitoes and will cause diseases like Dengue, malaria etc.

breeding

---> Maintain Personal hygiene.

--> Cleanliness ensures a healthy mind and body.

**Project of the month – Health and Hygiene**

**Hygiene** is a set of practices performed to preserve **health**.

If you want to minimize your risk of infection and increase your longevity, follow these tips to improve your personal hygiene:

- Wash your hands more often – Make sure we wash our hands after using the washroom, throwing garbage, coughing, sneezing,, before and after having meal.

- Bathe regularly – Regular bathing helps remove all the germs, dirt and sweat from our body.
- Brush your teeth twice a day- Brush your teeth regularly is an important personal hygiene tip to prevent gum diseases .
- Clean hair - Massage oil for dry scalp, wash it with shampoo and comb regularly to keep it neat and tidy.
- **ACADEMICS OF THE MONTH**

SUBJECTS	APRIL - MAY <u>(WRITTEN/ORAL)</u>
ENGLISH	<ul style="list-style-type: none"> <li>• Recap of capital and small letters (Aa - Zz)</li> <li>• Introduction of consonants and vowel “a”</li> </ul>
MATHS	<ul style="list-style-type: none"> <li>• Recap of 1 to 50, forward counting</li> <li>• Introduction of numbers 51 to 60</li> </ul>
PRE-MATHS	<ul style="list-style-type: none"> <li>• Recap of previous concepts</li> <li>• Introduction of concept same-different, Inside-outside</li> </ul>
EVS	<ul style="list-style-type: none"> <li>• My world and I</li> </ul>
HINDI	<ul style="list-style-type: none"> <li>• Recap of swars अ से अ □</li> <li>• Pattern writing</li> <li>• Introduction of vyanjan क से ड</li> </ul>
Shapes and Colours	<ul style="list-style-type: none"> <li>• Recap of primary colours</li> <li>• Introduction of secondary colours</li> <li>• Recap of Shapes</li> </ul>
Story	<ul style="list-style-type: none"> <li>• The blue jackel</li> </ul>

#### **ACTIVITIES OF THE MONTH**

BAISAKHI CELEBRATION	12 APRIL 2019
COLOUR DAY CELEBRATION	15 APRIL 2019
FANCY DRESS COMPETITION	26 APRIL 2019
BIRTHDAY CELEBRATION	30 APRIL 2019