

“Creating Global heads with hearts”
PLANNER OF THE MONTH- APRIL-MAY
SESSION- 2019-20
CLASS- KINDERGARTEN

GENERAL AWARENESS ON CLEANLINESS



“Cleanliness is next to Godliness”

The **importance** of **cleanliness** in our lives cannot be denied. Maintaining a clean environment is for the health of all humans, **as** their health completely depends on the atmosphere. We must maintain the **cleanliness** of our bodies, homes, buildings, surroundings and environment to have good health.

Cleanliness means keeping our body , mind and our surroundings clean.

We should inculcate the following things for good health :

---> Take bath every day.

--->Always wash hands with a good hand wash before and after eating .

--->Always wear clean and washed clothes.

--->We should clean our home and surroundings regularly.

--> Always cover the food items and water.

--->Dispose the garbage properly.

--> Don't litter in streets , society and public places like parks , hospitals etc.

--->Don't allow the water to stagnate, as it will be the place for mosquitoes breeding and will cause diseases like Dengue, malaria etc.

--->Maintain Personal hygiene.

-->Cleanliness ensures a healthy mind and body.

Project of the month – Health and Hygiene

Hygiene is a set of practices performed to preserve **health**.

If you want to minimize your risk of infection and increase your longevity, follow these tips to improve your personal hygiene:

- Wash your hands more often – Make sure we wash our hands after using the washroom, throwing garbage, coughing, sneezing,, before and after having meal.

- Bathe regularly – Regular bathing helps remove all the germs, dirt and sweat from our body.
- Brush your teeth twice a day- Brush your teeth regularly is an important personal hygiene tip to prevent gum diseases .
- Clean hair - Massage oil for dry scalp, wash it with shampoo and comb regularly to keep it neat and tidy.
- **ACADEMICS OF THE MONTH**

SUBJECTS	APRIL - MAY (WRITTEN/ORAL)
ENGLISH	<ul style="list-style-type: none"> • Recap of capital and small letters (Aa - Zz) • Introduction of consonants and vowel “a”
MATHS	<ul style="list-style-type: none"> • Recap of 1 to 50, forward counting • Introduction of numbers 51 to 60
PRE-MATHS	<ul style="list-style-type: none"> • Recap of previous concepts • Introduction of concept same-different, Inside-outside
EVS	<ul style="list-style-type: none"> • My world and I
HINDI	<ul style="list-style-type: none"> • Recap of swars अ से अ□ • Pattern writing • Introduction of vyanjan क से इ
Shapes and Colours	<ul style="list-style-type: none"> • Recap of primary colours • Introduction of secondary colours • Recap of Shapes
Story	<ul style="list-style-type: none"> • The blue jackel

ACTIVITIES OF THE MONTH

BAISAKHI CELEBRATION	12 APRIL 2019
COLOUR DAY CELEBRATION	15 APRIL 2019
FANCY DRESS COMPETITION	26 APRIL 2019
BIRTHDAY CELEBRATION	30 APRIL 2019